

Practice every exercise with proper technique and with a metronome @ 75, 84, 96, 100, 120, 144, and 160 BPM. Strive to equate the space on the preceding unison figures with that of the split figures.


Lowndes Bass Drum Exercises

1's, 2's, 3's, 4's

Jordan Arnett

1's

BassLine 

Bass Dr 

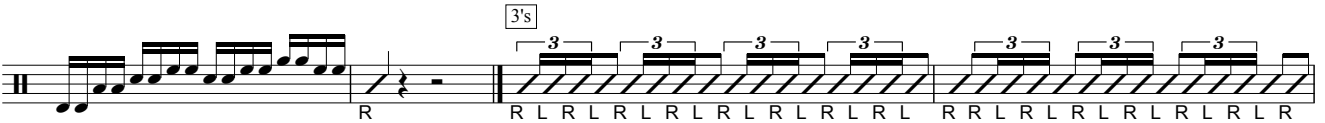
Bass Dr 

2's

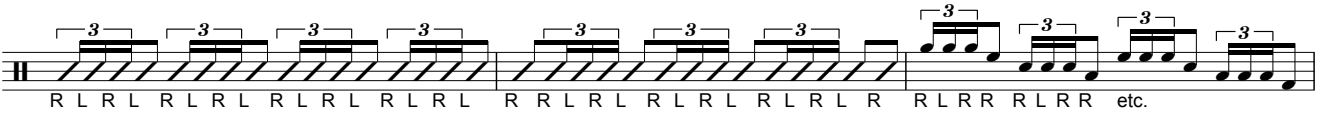
Bass Dr 

Bass Dr 

Bass Dr 

Bass Dr 

3's

Bass Dr 

Bass Dr 

4's

Bass Dr 

Bass Dr 

Bass Dr 

Bass Dr 